

## 100 MILE MANITOBA

### Activities:

Interested in the distance food travels from field to table, the energy used in growing and processing this food, the conditions under which it was grown and the well-being of those who grew and processed it.

1. Recruit Manitobans to eat within 100 miles from September 1 - December 9.
2. Pursue food storage, local food maps, support groups, canning and preserving workshops.

### Contact Information:

Phone: (204) 772-7280

General Inquiries: [100milemanitoba@gmail.com](mailto:100milemanitoba@gmail.com)

100 Mile Food Guide Inquiries: [100milesourcing@gmail.com](mailto:100milesourcing@gmail.com)

## ART CITY

### Activities:

Offer high quality, free of charge art programming to resident of the West Broadway community and surrounding neighborhoods.

1. Work to continue our 'no junk food allowed' policy by providing healthy snacks, shopping locally and working with the Good Food Club.
2. Access more funds in order to provide better food options.

### Contact Information:

Address: 616 Broadway Avenue  
Winnipeg, MB  
R3C 0W8

Phone: (204) 775-9856

Fax: (204) 784-2882

Email: [artcity@mts.net](mailto:artcity@mts.net)

## BAYLINE REGIONAL ROUND TABLE INC.

### Activities:

Serve the communities of Cormorant, Ilford/War Lake, Pikwitonei, Thicket Portage, Wabowden through promoting gardening and small livestock production.

1. Promote a program for making home freezers available to families.
2. Promote a program of bringing nutritious food boxes to families.
3. Work with local stores and communities to encourage them to be more competitive in their pricing. Assist them to attract customer loyalty and carry more nutritious foods.
4. Encourage schools to use the Gardening Curriculum and to adopt Healthy Food policies.
5. Work with young moms to teach them how to prepare healthy, economical meals and snacks for their families.
6. Promote the Manitoba Food Charter and encourage other agencies and communities to get involved in Food Security initiatives.

### Contact Information:

Use the Bayline RRT [Feedback Form](#) to ask any questions or provide any feedback you may have.

## BEYOND FACTORY FARMING COALITION

### Activities:

Promote livestock production that supports food sovereignty, ecological and animal health.  
Support local sustainability and community viability through informing citizens and consumers.

1. Commit to Food Secure Canada.
2. Work with a wider spectrum of people to develop agricultural and agri-food policy for the next generation.

### Contact Information:

To join the BFF List Serve, a discussion and information sharing service for people concerned about factory farming in Canada and around the world, send an email to [beyondfactoryfarming-subscribe@yahoo.com](mailto:beyondfactoryfarming-subscribe@yahoo.com).

Join the BFF coalition by [becoming a member](#).

## BUNIBONIBEE CREE NATION

### Activities:

Value local self sufficiency and actively encourage its members in their food production activities.

1. Encouraging and assisting community members with growing gardens.
2. Encouraging and assisting community members with raising chickens.
3. Offer families a way to own freezers at a reasonable cost.
4. Share experiences with other communities.
5. Dedicate band resources toward food security each year and have this as a budget line.

### Contact information:

*Community:* Bunibonibee Cree Nation

*Province:* Manitoba

*Aboriginal Group:* First Nations

*Tribal Council:* KEEWATIN TRIBAL COUNCIL INC.

## BURNTWOOD REGIONAL HEALTH AUTHORITY

### Activities:

Provide provincially mandated health services to over half the geographic land mass of Manitoba.

1. Educate families about nutrition, budgeting and shopping for increased food/nutrient value.
2. Support the Burntwood Food Security Committee and interagency groups to address food security issues within the Burntwood region.
3. Promote prenatal nutrition, breastfeeding and early childhood nutrition.
4. Outreach to daycares, schools, assist in the implementation of Healthy School Food Policy and nutrition education events (ex: Nutrition Month)

5. Provide special attention to people with Diabetes through a variety of programs and services.
6. Host a conference to assist communities in preparing their annual Chronic Disease Prevention Plans (many of which relate to nutrition and food production).
7. Provide seed money and support for community health promoting activities such as nutrition and horticulture programs.

**Contact information:**

*Address:* 867 Thompson Dr South  
Thompson, MB  
R8N 1Z4

*Phone:* (204) 677-5350

*Fax:* (204) 677-5366

*Email:* [brha@brha.mb.ca](mailto:brha@brha.mb.ca)

## CANADIAN CED NETWORK

**Activities:**

Seek to strengthen community economic development as an alternative economic development model in order to empower marginalized populations, integrate social, environmental and economic goals.

1. Explore social economy and food research project.
2. Integrate issues brought by the food charter into the 2007 CED gathering.

**Contact information:**

*Address:* 309-323 Portage Ave  
Winnipeg, MB  
R3B 2C1

*Phone:* (204) 927-3203

*Fax:* (204) 927-3201

Prairies/Northern Territories Regional Coordinator - Brendan Reimer

*Phone:* (204) 927-3203

*Email:* [breimer@ccednet-rcdec.ca](mailto:breimer@ccednet-rcdec.ca)

Program Assistant - Lindsey McBain

*Phone:* (204) 943-0547

*Email:* [lmcbain@ccednet-rcdec.ca](mailto:lmcbain@ccednet-rcdec.ca)

## CANADIAN CENTRE FOR POLICY ALTERNATIVES

**Activities:**

The CCPA is an independent non-partisan research institute focusing on social, economic, environmental and labor issues. The institute seeks to enrich democratic dialogue in order to ensure that Canadians know that there are workable solutions to the issues we face.

**Contact information:**

*Address:* Suite 309-323  
Portage Ave.W  
Winnipeg, MB,  
R3B 2C1

*Phone:* (204)927-3200

*Fax:* (204)927-3201

*Email:* [ccpamb@policyalternatives.ca](mailto:ccpamb@policyalternatives.ca)

## CITY OF THOMPSON

### Activities:

The City of Thompson is often called the “Hub of the North”. A great place to live, to raise a family, to work, to play and to enjoy a quality of life second to none.

1. Promote Thompson’s safe drinking water, water conservation and environmental awareness.
2. Promote local food production and consumption through community gardens and fruit bearing trees or shrubs. Support local producers selling their products and investigate marketing venues for northern products such as wild rice and fish.
3. Have a role as a regional hub, promoting lower food prices in outlying communities and Nunavut.
4. Lobby for public health inspectors to monitor food service and retail establishments.

### Contact information:

Direct your questions or concerns to the appropriate city departments by visiting the Thompson.ca email and phone webpage where you can download their city services email and telephone directories in .pdf format.

## CO-OP VENTURES WORKER CO-OP

### Activities:

Build effective partnerships and develop skills through co-op and community development.

1. Continue working with Manitoba Organic Milk Co-op.
2. Promote the Charter in the daily work of Ventures Co-op

### Contact information:

*Address:* 1520 Broadway Place  
Regina, Saskatchewan  
S4P 3S6

*Phone:* (306)359-1926

*Email:* [coopventures@sasktel.net](mailto:coopventures@sasktel.net)

## DANIEL MCINTYRE/ST. MATTHEWS COMMUNITY ASSOCIATION

### Activities:

Work with residents and stakeholders toward environmentally sustainable, social, cultural and economic renewal and revitalization of the Daniel McIntyre / St. Matthews neighbourhoods.

1. Continuing to expand community gardens in the neighbourhood.
2. Continuing to expand their gardening workshop series.
3. Developing a good food club program.

### Contact information:

Kemlin Nembhard  
*Address:* 444 Burnell Street

Winnipeg, Manitoba  
S4P 3S6  
Phone: (204) 774-7005  
Email: [director@dmsmca.ca](mailto:director@dmsmca.ca)

## DRAGONFLY SCENT-FREE BODY WORK AND MASSAGE THERAPY

### Activities:

Seek to promote health treatment and local economic development.

1. Procuring supplies from local sources and growers
2. Promoting the Charter's visions.

### Contact information:

Robin Faye  
Address: 146 Arlington Street  
Winnipeg, MB  
R3G 1Y5  
Phone: (204)774-9547

## EATIT.CA

### Activities:

Hope to make organic food more affordable and accessible in Manitoba through being an organic and natural food retailer.

1. Promote the "Made in Manitoba" sticker displayed on local food.
2. Have the web site serve to pull all local food together.
3. Provide sourcing for farmers who can supply larger amounts of local organics.
4. Educate farmers about storage and preparation of food for retail sales.
5. Feature Made in Manitoba foods monthly.
6. Host an organic dinner and screen Seeds of Change.

### Contact information:

Sabrina & Franca Longobardi  
Address: 603 Wall Street  
Winnipeg, MB  
R3G 2T5  
Email: [getorganics@eatit.ca](mailto:getorganics@eatit.ca)  
Phone: (204) 772-2136  
Fax: (204) 772-8491  
Cellular: (204) 793-2898

## ELMWOOD COMMUNITY RESOURCE CENTRE

### Activities:

Focus on community development and capacity building within their locality.

1. Take action to develop a Canadian policy of labelling in pictorial form so that it is accessible for new immigrants.

**Contact information:**

*Address:* 75 Brazier  
Winnipeg, Manitoba  
R2L 1N6  
*Phone:* (204)982-1720  
*Fax:* (204)982-1723  
*E-mail:* [ecrcaa@elmwoodcrc.com](mailto:ecrcaa@elmwoodcrc.com)

**FARMERS' MARKETS ASSOCIATION OF MANITOBA CO-OP INC. (FMAM)****Activities:**

Involved in the promotion and networking of farmers' markets in Manitoba. This includes the education of farmers' markets' vendors, managers, and consumers, and liaising with other local food groups.

1. Food safe handling courses for our Members at a reduced fee.
2. Speakers at the Direct Farm Marketing Conference on food safety in canning and also explaining the Province of Manitoba's Temporary Food Market Guidelines. These speakers were organized by FMAM.
3. Promoting several local farmers' markets across the province.

**Contact information:**

Dianna Mae Hocaluk  
*Address:* 618 Manchester Avenue  
Selkirk, MB  
R1A 2B7  
*Email:* [info@manitobafarmersmarkets.ca](mailto:info@manitobafarmersmarkets.ca)  
*Phone:* (204) 485-1317

**FORTWHYTE ALIVE****Activities:**

FortWhyte has always believed that healthy, sustainable communities are built on three essential

and interdependent cornerstones: a healthy natural environment; a healthy, vibrant economic environment, and a healthy and just social environment.

FortWhyte Farms is a program that fulfills the mandate of social responsibility/justice using urban agriculture as a catalyst in the creation of sustainable communities.

Working with a network of partners that includes the Sister MacNamara and Freight House Boys and Girls Clubs, Gordon Bell and R.B. Russell High Schools and Marymount, FortWhyte Farms engages at-risk youth and provides them with the skills to increase their economic and personal self-reliance using hands-on training in innovative sustainable urban agriculture techniques. Participants learn these skills by assisting in the production and sale of products harvested from renewable sources on FortWhyte's 640-acre site.

The long-term goal of this program is to serve as a catalytic, transformative force in the lives of at-risk youth and their families by providing hands-on training in sustainable urban-based agriculture, thus providing them with a sense of hope, purpose and place, new and improved sources of income, and enhanced access to high quality, locally produced food.

**Contact information:**

Special Programs Manager  
Phone: (204)989-8354  
Email: [farms@fortwhyte.org](mailto:farms@fortwhyte.org)

Program Coordinator  
Phone: (204)895-2373  
Email: [dthiessen@fortwhyte.org](mailto:dthiessen@fortwhyte.org)

## FRESH OPTION ORGANIC DELIVERY

### Activities:

Fresh Option Organic Delivery (FOOD) was formed in early 2003 after its founders, Marnie and Kevin Feeleus (both formerly Chefs), began their family and became more active in creating an alternative localized food system for Manitobans. After 3 years of developing relationships with local growers and consumers of organic foods, Fresh Option expanded and relocated to a brand new facility at 1338 Clifton to meet the increasing demand for organic food in Winnipeg.

1. Fresh Option's primary mission is to provide eaters in Winnipeg with a new alternative for accessing food and to thus strengthen Manitoba's organic market through cooperation with local producers. We are driven by a philosophy of sustainable environmental practices, community stewardship and socially conscious action. We value our own livelihoods and those of others, as an important foundation for balanced lives and communities, and strive to create a workplace that will contribute to the happiness, success and health of our family, employees, customers, growers and vendors.
2. Our vision is to forge a new link in the food chain and reduce the need to import organic food to Manitoba by increasing the total organic market size. We envision a thriving network of organic eaters who are proud to support their neighbours, small farm economy and responsible business practices. As the leader in this area of distribution we hope to establish a stable, long-lasting venture by building relationships and growing at a manageable pace. It is important to us that our actions teach and involve our (collective) children in gaining understanding of where food comes from and how consumer choices affect the health of our planet.

### Contact information:

Address: 1338 Clifton Street  
Winnipeg, MB  
R3E 2V2

Phone: (204) 772-1479

Fax: (204) 774-9908

E-mail: [email@freshoption.ca](mailto:email@freshoption.ca)

## FRONTIER SCHOOL DIVISION

### Activities:

Seek to provide, in partnership with parents and community, high quality education for all students so that they can develop the skills, knowledge, attitudes, and character essential for successful participation in today's changing society.

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1. Promote healthy foods and healthy eating within the school division through its healthy food policy and healthy foods implementation guide.
2. Promote gardening and construction of greenhouses to increase access to fresh vegetables.
3. Promote growing in the schools by delivering the gardening curriculum.
4. Continue to develop curriculum connections around growing and healthy eating.
5. Promote land based activities such as hunting and fishing to increase the availability of healthy and traditional foods.

**Contact information:**

*Address:* 1402 Notre Dame Avenue  
Winnipeg MB  
R3E 3G5

*Phone:* (204)775-9741

*Fax:* (204)775-9940

*Email:* [frontier@frontiersd.mb.ca](mailto:frontier@frontiersd.mb.ca)

## HARVEST MOON SOCIETY

**Activities:**

A group of individuals who are developing a learning centre that works toward strengthening and building linkages between rural and urban areas. Seek to empower communities to create strategies and infrastructure in order to sustain communities and environments.

1. Continue promoting and hosting the annual Harvest Moon Festival, Living Rural Communities Course, and food distribution network.
2. Promote the involvement of youth in local food production.  
Promote producer co-ops, direct marketing and economic development in rural areas.
3. Develop a municipal healthy food policy by offering nutritious food choices in vending machines and reporting progress on food security initiatives in each year's "annual report".

**Contact information:**

For questions about the Harvest Moon Society or the festival please contact us at the following address: [info@harvestmoonsociety.org](mailto:info@harvestmoonsociety.org).

If anyone is interested in volunteering for the Harvest Moon Festival please contact Danielle Carriere by email at [daniellecarriere@shaw.ca](mailto:daniellecarriere@shaw.ca)

## KLINIC COMMUNITY HEALTH CENTRE

**Activities:**

Strive to maximize the well-being and potential of the community by providing innovative and quality health, counseling and education services.

1. Increase the purchase of fair trade products within the organization.
2. Increase the purchase of locally produced food items.
3. Increase the use of locally owned food related goods and services.
4. Encourage the purchase of nutritious foods within the organization.
5. Continue having staff members work with local organizations to address food insecurity and nutrition.

**Contact information:**

Address: 870 Portage Avenue  
Winnipeg, MB  
R3G 0P1

Phone: (204)784-4090

Admin. Fax: (204)772-7998

Medical Fax: (204)784-4013

E-mail: [klinik@klinik.mb.ca](mailto:klinik@klinik.mb.ca)

## LEAF RAPIDS

**Activities:**

Leaf Rapids is in the process of recreating itself into a healthy and sustainable community.

**Contact information:**

Mayor Ed Charrier

Address: Box 340  
Town Centre Mall  
Leaf Rapids, MB  
R0B 1W0

Phone: (204)473-2436

Fax: (204)473-2566

Email: [administrator@townofleafrapids.ca](mailto:administrator@townofleafrapids.ca)

## MANITOBA COUNCIL ON CHILD NUTRITION

**Activities:**

Provide grants for nourishment programs across Manitoba while supporting schools to create healthy eating environments and policies.

1. Establish closer links between local producers and our nourishment programs (Urban, rural and Northern)
2. Supporting development of practical culturally suitable nutrition information for First Nation communities and support for the use of traditional foods

**Contact information:**

Manitoba Council on Child Nutrition

Ms. Lori Petryk-Leclair

Address: 401 - 286 Smith Street  
Winnipeg, MB  
R2H 1R5

Phone: (204)957-5057

Fax: (204)947-2908

Email: [lpetrykleclair@amahealth.ca](mailto:lpetrykleclair@amahealth.ca)

Manitoba Coordinator

Viola Prowse

Phone: (204)453-6060

Email: [vprowse@mts.net](mailto:vprowse@mts.net)

## MANITOBA ECO-NETWORK

**Activities:**

An umbrella organization for environmental groups working on a wide range of issues within the province. Assist people and organizations transform their concerns and ideas into meaningful action.

1. Hope to include an emphasis on local foods in climate change workshops over the next 3 years.
2. Green map of Winnipeg will support and publicize local food security issues.
3. Continue in efforts to support local sustainable producers.

**Contact information:**

*Address:* 3-303 Portage Ave.

Winnipeg, MB

R3B 2B4

*Phone:* (204)947-6511

*Fax:* (204)989-8476

*E-mail:* [info@mbeconetwork.org](mailto:info@mbeconetwork.org)

## MARY JANE'S COOKING SCHOOL

**Contact information:**

Mary Jane's Cooking School provides education in nutritional home cooking. Seek to provide this in harmony with tradition and respect for the environment.

1. Advocate for nutritional food choices in schools, planning the phase out of junk foods.
2. Advocate for environmentally sound food production, processing and homemaking.
3. Advocate for environmentally responsible grocery stores where whole foods are promoted.
4. Promote people coming together to process harvested foods.
5. Promote gardening, composting and the local economy.

**Contact information:**

*Address:* 252 Arlington Street

Winnipeg, MB

R3G 1Y8

*Phone:* (204)775-2522

*Fax:* (204)786-0845

*Email:* [mjcookin@mts.net](mailto:mjcookin@mts.net)

## MENNONITE CENTRAL COMMITTEE MANITOBA

**Activities:**

Work on social justice, community development, humanitarian relief and poverty alleviation. Seek to promote peace with all of God's creation and dignity for all.

1. Currently working on action steps.

**Contact information:**

MCC Manitoba

*Address:* 134 Plaza Drive

Winnipeg, MB

R3T 5K9  
*Phone:* (204)261-6381  
*Toll Free:* 1-888-622-6337  
*Email:* [manitoba@mennonitecc.ca](mailto:manitoba@mennonitecc.ca)

MCC Manitoba Programs  
*Address:* 302-1200 Portage Avenue  
Winnipeg, MB  
R3G 0T5  
*Phone:* (204)925-1910  
*Toll Free:* 1-866-530-4450

## NORTHERN ASSOCIATION OF COMMUNITY COUNCILS

### **Activities:**

NACC is an advocacy group that serves the interests of (up to) 56 Community Councils who fall within the jurisdiction of the Department of Aboriginal and Northern Affairs. NACC serves to provide a unified and collective voice for the communities that it represents as they encounter important developmental phases.

1. Increase programming on local food production.
2. Increase programming on Traditional foods.
3. Work on freezer projects.
4. Increase knowledge and resource base in within NACC communities.

### **Contact information:**

*Address:* 750-331 Smith Street  
Winnipeg, MB  
R3B 2G9  
*Phone:* (204)947-2227  
*Toll Free:* 1-888-947-6222  
*Fax:* (204)947-9446  
*Email:* [nacc@mts.net](mailto:nacc@mts.net)

## ORGANIC FOOD COUNCIL OF MANITOBA

### **Activities:**

Promote organic agriculture through encouraging the consumption of locally produced organic food.

1. Promote more environmentally friendly farming methods to replace farming methods which adversely impact future food security.
2. Get young people to choose farming so that retiring farmers will be replaced (see [Manitoba Farm Mentorship Program](#)).
3. Promote the consumption of locally produced food in order to support local farmers and minimize long distance transport of food.

### **Contact information:**

*Address:* PO Box 68082 RPO  
Osborne Village  
Winnipeg, MB  
R3L 2V9

Phone: (204)779-8546

Email: [ofcm@cog.ca](mailto:ofcm@cog.ca)

## **PLOUGHSHARES COMMUNITY FARM**

### **Activities:**

A Christian rural community who works at community building and sustainable food production.

1. Build infrastructure to increase our food production potential, especially through livestock.
2. Build connections through our newsletter between producers and consumers.
3. Continue learning about sustainable food production and community building through reading and doing.

## **PRAIRIE FRUIT GROWERS ASSOCIATION**

### **Activities:**

The PFGA represents all Manitoban fruit growers by acting as a voice to government while promoting local fruit consumption.

1. Develop on farm safety practices for all members.
2. Promote local fruit consumption at regional agricultural events.

### **Contact information:**

Address: Box 2430

Altona, MB

R0G 0B0

Phone: (204)324-5058

Fax: (204)324-5058

Email: [pfga@xplornet.com](mailto:pfga@xplornet.com)

## **PRAIRIE SKILLS INC.**

### **Activities:**

Offer learning and training experiences in arts, culture, and heritage for adults.

1. Plan food related courses, workshops, and demos.
2. Form an institution to foster the above action steps.

### **Contact information:**

Address: Box 811

220 South Railway

Avenue West

Deloraine, MB

Phone: (204)747-2610

Fax: (204)747-2320

Email: [pskills@mb.sympatico.ca](mailto:pskills@mb.sympatico.ca)

## **PREGNANCY AND FAMILY SUPPORT SERVICES INC.**

**Activities:**

Seek to create a nurturing environment for pregnant women; to support them physically, emotionally and spiritually during their pregnancy in order to preserve and foster family life as an essential part of the community.

1. Continue to provide both nutritious snacks as well as regular Nutrition Bingo.
2. Create a community garden.
3. Inform families about the Food Charter and post current newsletters.

**Contact information:**

*Address:* 555 Spence Street  
Winnipeg, MB  
R3B 2R9

*Phone:* (204)772-9091

*Fax:* (204)774-2161

## RESOURCE ASSISTANCE FOR YOUTH

**Activities:**

RAY is a street level organization that provides a wide range of services to homeless and marginalized youth from prevention services to emergency youth services. They are committed to providing youth with what they need on their terms to better their lives.

1. Acquire facilities and resources to deliver food programming such as a community kitchen project.
2. Community gardening in the summer months.
3. Increase food security for marginalized youth, advocate for increased food allowances and basic needs money for people on EI.

**Contact information:**

*Address:* 195 Young Street  
Winnipeg, MB

*Email:* [award@rayinc.ca](mailto:award@rayinc.ca)

## RESOURCE CONSERVATION MANITOBA

**Activities:**

Resource Conservation Manitoba promotes ecological sustainability through environmental education and the development of alternatives to unsustainable current practices. RCM's action steps are:

1. A continuation of existing programs; further training for operators of on-farm composting facilities, public workshops on home composting, & increasing traffic on our Living Green web site as we work to expand and develop additional resources on food-related issues.
2. To review materials, including the Living Green web pages, to see where we can incorporate links to the Charter and to other signatory organizations.
3. RCM distributes our own e-bulletins to various project constituencies, and will be happy to help promote Charter events and resources as circumstances permit.

4. As a joint initiative of our ESB and Living Green projects, we are undertaking research and development of a new presentation on food.

**Contact information:**

*Address:* 303 Portage Ave  
3rd Floor  
Winnipeg, MB  
R3B 2B4

Compost Action Project - Winnipeg Program Coordinator  
Sylvie Hébert  
*Phone:* (204)925-3778

Manitoba Program Coordinator  
Christine Schroeder  
*Phone:* (204)925-3776  
*Toll-free in MB:* 1-866-394-8880

## **RIDING MOUNTAIN BIOSPHERE RESERVE**

**Activities:**

Riding Mountain Biosphere Reserve was designated a UNESCO site in 1986. They encourage people to demonstrate better approaches to conservation and sustainable resource use.

1. The "At the Farm Gate" project helps find fresh, locally produced products from small family farms for those who want to eat local.
2. Creating a native species garden.
3. Eating local and encouraging local foods.

**Contact information:**

*Address* Box 232  
Onanole, MB  
R0J 1N0  
*Phone* (204) 636-2085  
*Email* rnbr@mts.net

## **ROOM TO GROW**

**Activities:**

Room to Grow offers a straw bale guesthouse, greenhouse and guided experiences. Nestled in the Turtle Mountains Room to Grow strives to remain alert to the unique possibilities that arise when one interacts with the land, family and community.

1. Continue growing own food and harvesting from the wild.
2. Buying locally from neighbours and encouraging local growers in production and marketing.
3. Writing articles to encourage local food systems, chairing Agricultural Committee to address food security issues.
4. Share the experience of the 100 Mile Diet with others.
5. Encourage the rebirth of a local farmers market.

**Contact information:**

*Address:* Box 478  
Boissevain, MB  
R0K 0E0

Phone: (204)534-2303  
Email: [roomtogrow@xplornet.com](mailto:roomtogrow@xplornet.com)

## SHERRIDON COMMUNITY COUNCIL

**Activities:**

Make local produce available in local stores.

**Contact information:**

Address: Box 11  
Sherridon, MB  
R0B 1L0  
Phone: (204)468-2026  
Fax: (204)468-2110

## SIMPLICITY & PRACTICE RESOURCE CENTRE

**Activities:**

Offer workshops and speakers to the public on voluntary simplicity. Envision a world where equity and diversity are cherished and where interdependence amongst people, the earth and all living things is reflected in our institutions.

1. Offer one Diet and Simplicity workshop per year.
2. Build on local food resources for participants.
3. Work as individuals toward greater self reliance and sustainable food consumptions.

**Contact information:**

Email: [info@simplicitycentre.org](mailto:info@simplicitycentre.org)

## ST. MATTHEWS MARYLAND COMMUNITY MINISTRY

**Activities:**

Envision a healthy community where everyone experiences God's promise of abundant life. Strive to achieve goals of community building and empowerment.

1. Continue with summer community gardens.
2. Continue providing summer programming for children and families related to food and gardening.
3. Build skills in the community gardening and preserving group.
4. Distribute emergency food and food supplements for basic needs.

**Contact information:**

Address: 641 St. Matthew's Ave  
Phone: (204)774-3957  
Email: [comymn@mts.net](mailto:comymn@mts.net)

## ST. NORBERT ARTS CENTRE

**Activities:**

Work collectively as site stewards of the Trappist Monastery site. Provide residence for artists working on specific projects by encouraging communal residence and a living earth culture.

1. Increase food self-sufficiency through farming and greenhouses.
2. Have regular herb walks and permaculture talks.
3. Run workshops on food production, storage and preparation.
4. Link rural with urban agriculture families in this peri-urban context.

**Contact information:**

*Address:* PO BOX 175  
St. Norbert, Manitoba  
100 rue des Ruines du Monastère  
Winnipeg, MB  
R3V 1L6  
*Phone:* (204)269-0564  
*Fax:* (204)261-1927  
*Email:* [snac@snac.mb.ca](mailto:snac@snac.mb.ca)

## TALL GRASS PRAIRIE BREAD CO.

**Activities:**

Run several bakery and deli locations making breads, prepared meals, pressing oil and milling flour. They support local and small scale agriculture through knowing sources of their ingredients and trying to shorten the distance from the land to the table.

1. Work on new earth friendly packaging for take home meals.
2. Connect like minded businesses for bulk packaging and buying purposes.
3. Work on having someone pick up compostable materials.
4. Pressure governments to legislate against over packaging of consumer goods.

**Contact information:**

Tall Grass in Wolseley  
*Address:* 859 Westminster Avenue  
Winnipeg, MB  
R3G 1B1  
*Bakery Phone:* (204)783-5097  
*Office Phone:* (204)779-4082  
*Fax:* (204)779-4002  
*Email:* [wolseley@tallgrassbakery.ca](mailto:wolseley@tallgrassbakery.ca)

Tall Grass at The Forks  
*Address:* 1 Forks Market Road  
Winnipeg, MB  
R3C 4L8  
*Bakery Phone:* (204)957-5097  
*Office Phone:* (204)947-1297  
*Fax:* (204)943-2818  
*Email:* [theforks@tallgrassbakery.ca](mailto:theforks@tallgrassbakery.ca)

## THE HEALTHY LIVING PROGRAM

**Activities:**

Seek to address food insecurity issues and lifestyle patterns that continue to put populations at health risks. Create supportive environments and strengthen community action for individual and community health and well-being.

1. Work towards the “Ready Made Entrée” program wherein food can be prepared by local people for those who are not eating well due to financial and health reasons.
2. Work towards creating a direct producer/consumer link so that community members can access meat.
3. Assist schools and community organizations to create policy around food.

**Contact information:**

Phone: (204)783-6159

Email: [diabetesprevention@yahoo.ca](mailto:diabetesprevention@yahoo.ca)

## THOMPSON ZOO

**Activities:**

An organization which has expanded its mandate much beyond a typical zoo to focus on food production and sustainability.

1. Promote gardening and hosting gardens for schools and other agencies in the City of Thompson.
2. Provide education about growing healthy food in an environmentally safe manner.
3. Establishing a local farmers market.
4. Establish organic standards for food grown at the Zoo.
5. Promote backyard, municipal composting and introduce verma-culture programs into Northern schools.

**Contact information:**

Thompson Zoological Society Inc.

Address: 226 Mystery Lake Road

Thompson, MB

R8N 1S6

Phone: (204)677-7982

Email: [thompzoo@escape.ca](mailto:thompzoo@escape.ca)

## AGRICULTURE COMMITTEE OF THE TURTLE MOUNTAIN CDC (ACTMCD)

**Activities:**

The ACTMCD explores ways of localizing the food system and encouraging smaller scale farming to become the norm. Their action steps include:

1. Encourage the creation of an all year local food market in our community.
2. Give encouragement to local smaller scale farmers by initiating a one day (possibly annual) seminar designed to stimulate discussion and networking between smaller scale farmers - which may lead to our community offering services needed by this sector.

**Contact information:**

Address: Box 368

598 Mountain Street

Boissevain, MB  
R0K 0E0  
Phone: (204)534-6303  
Toll Free: 1-800-497-2393  
Fax: (204)534-3208  
Email: [tmedc@mts.net](mailto:tmedc@mts.net)

## THE UNIVERSITY OF WINNIPEG

### Activities:

Post secondary institution rooted in liberal arts and culminating in degrees in Arts, Science, Education and Technology. The University values academic freedom, self governance and community service.

1. Writing a social sustainability policy out of which is likely to emerge an administrative policy on food that will be informed by the Manitoba Food Charter.
2. Implementing campus wide composting.
3. Investigating the possibility of developing community gardens along the green corridor.
4. Establish an Indigenous Science Program which will allow students to learn more about traditional knowledge and practices related to food, traditional hunting, fishing, trapping, gathering and conservation practices of First nations, Inuit and Metis people.

### Contact information:

Complete the University of Winnipeg's online [Contact Form](#) in order to get answers to any questions you may have.

## URBAN EATIN GARDENERS WORKER CO-OP

### Activities:

Building edible urban spaces in residential and community areas.

1. Assist with educating about food security.
2. Providing full service, edible garden installations and maintenance.
3. Using heirloom seeds and organic seeds when possible.
4. Sourcing locally.

### Contact information:

Address: 34 Knappen Ave  
Winnipeg, MB  
R3G 0Y5  
Phone: (204)770-2204  
Email: [urbaneatin@gmail.com](mailto:urbaneatin@gmail.com)

## WEST BROADWAY DEVELOPMENT CORPORATION

### Activities:

Seek to develop a stable, healthy and safe neighbourhood that is diverse, welcoming, vibrant, clean and self reliant.

1. Ensure the ongoing viability and sustainability of the Good Food Club.

**Contact information:**

Address: 608 Broadway Avenue  
Winnipeg, MB  
R3C 0W8

Phone: (204)774-7201

Fax: (204)779-2203

**WEST CENTRAL WOMEN'S RESOURCE CENTRE****Activities:**

Provide resources and support to women and their families so that they can empower themselves,

their family and their community to become safe and healthy.

1. Increase recipes provided and workshops being held by the community cupboard.
2. Create a cookbook.
3. Promote partnerships with and participate in community gardens.

**Contact information:**

Jackie Hogue

Address: 583 Ellice Ave  
Lower Level  
Winnipeg, MB  
R3B 1Z7

Phone: (204) 774.8975

Fax: (204) 783.3173

Email: [wcwrc@mts.net](mailto:wcwrc@mts.net)

**WINNIPEG FOLK FESTIVAL****Activities:**

Seek to create experiences and discovery and learning through the celebration of people and music. One of North America's premier outdoor music festivals, also offering a year round music store and venue in Winnipeg.

1. Establish a minimum goal of 20% local procurement for the backstage kitchen La Cuisine. Have a volunteer team work on menu development and relationships with local producers.
2. Encourage front of the house vendors to feature food from local producers by offering promotional incentives.
3. Feature during the festival interactive opportunities that will be informative about local production as well as at the same time engaging and entertaining.

**Contact information:**

Email: [info@winnipegfolkfestival.ca](mailto:info@winnipegfolkfestival.ca)

**WOLSELEY FAMILY PLACE****Activities:**

Offer holistic community based services to help bridge the gap between existing services and the

needs of the at risk community.

1. Provide a staff person to do food costing with participants.
2. Seek a West Broadway strategy for food security.
3. Continue commitments to food security and poverty.

**Contact information:**

*Address:* 691 Wolseley Avenue  
Winnipeg, MB  
R3G 1C3

*Phone:* (204)788-8052

*Fax:* (204)772-6035

*Email:* [wfp.admin@mts.net](mailto:wfp.admin@mts.net)